

# OCTOBER | 2023

## ***Knightstown High School***



| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|---|---|---|---|---|--|---|
| <b>1</b><br><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>  | <b>2</b> Breaded Chicken<br>Buffalo Chicken<br>Patty Deluxe<br>Sweet Potato Fries<br>California Blend | <b>3</b> Cheese Crunchers<br>Marinara<br>Turkey & Cheese<br>Salad Mix<br>Kiwi Juice       | <b>4</b> Tenderloin Deluxe<br>Pulled Pork<br>Green Beans<br>Curly Fries             | <b>5</b> Beef & Cheese Burrito<br>Chicken Quesadilla<br>Lettuce, Cheese, Salsa<br>Refried Beans<br>Corn | <b>6</b> Ham & Cheese<br>Calzone<br>Sub Sandwich<br>Fresh Veggies<br>Broccoli        | <b>7</b><br><b>FRESH AND CANNED FRUIT OFFERED DAILY.</b>                              |
| <b>8</b><br><b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</b>                                  | <b>9</b><br><b>NO SCHOOL FALL BREAK</b>   | <b>10</b><br><b>NO SCHOOL FALL BREAK</b>  | <b>11</b><br><b>NO SCHOOL FALL BREAK</b>  | <b>12</b><br><b>NO SCHOOL FALL BREAK</b>  | <b>13</b><br><b>NO SCHOOL FALL BREAK</b>   | <b>14</b><br><b>A VARIETY OF MILK OFFERED DAILY.</b>                                  |
| <b>15</b>   | <b>16</b> Corn Dogs<br>Boneless Buffalo<br>Wings w/Goldfish<br>Baked Beans<br>French Fries            | <b>17</b> Bosco Sticks<br>Marinara<br>Turkey & Cheese<br>Salad Mix<br>Buttered Carrots    | <b>18</b> Pork Chop<br>Chicken Leg<br>Dinner Roll<br>Green Beans<br>Mashed Potatoes | <b>19</b> Walking Beef Taco<br>Walking Chicken Taco<br>Lettuce, Cheese, Salsa<br>Refried Beans<br>Corn  | <b>20</b> Egg & Cheese<br>Omelet w/Biscuit<br>Ham & Cheese<br>Tator Tots<br>Sidekick | <b>21</b>   |
| <b>22</b><br><b>ALL CONDIMENTS WILL BE INCLUDED ON TRAY.</b>  | <b>23</b> Chicken Tenders<br>Cheez Its<br>Fish Sandwich<br>Cheese Potatoes<br>Mixed Vegetables        | <b>24</b> Spaghetti<br>Breadstick<br>Turkey & Cheese<br>Salad Mix<br>Juicy Juice          | <b>25</b> Italian Calzone<br>Marinara<br>Sloppy Joe<br>Fresh Veggies<br>Green Beans | <b>26</b> Asian Chicken Bowl<br>Steak Bites<br>Dinner Roll<br>Rice<br>Broccoli<br>Fresh Veggies         | <b>27</b> Cheeseburger<br>Deluxe<br>Grilled Chicken<br>Baked Beans<br>Potato Wedges  | <b>28</b><br><b>CHEF SALADS OFFERED DAILY.</b>  |
| <b>29</b><br><b>LUNCH IS FREE FOR STUDENTS</b><br><b>ADULT TRAY: \$4.70</b><br><b>EXTRA MILK: .60</b> | <b>30</b> Chicken Nuggets<br>w/Dinner Roll<br>Grilled Cheese<br>Steamed Broccoli<br>French Fries      | <b>31</b> Pizza<br>Deli Turkey & Cheese<br>Salad Mix<br>Fresh Veggies<br>Halloween Cookie | <b>1</b> Mini Corn Dog<br>Ready Rib<br>Green Beans<br>Curly Fries                   | <b>2</b> Chicken Tortilla<br>Soup w/Tostitos<br>Sub Sandwich<br>Corn<br>Carrot Sticks                   | <b>3</b> Pancakes w/Syrup<br>Sausage Patty<br>Sub Sandwich<br>Tator Tots<br>Sidekick | <b>4</b><br><b>BREAKFAST IS FREE FOR STUDENTS AND OFFERED DAILY STARTING AT 7:50.</b> |