



# FEBRUARY | 2020

## ***Knightstown Elementary Headstart*** ***Serving size appropriate for ages 3-5***

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>26</b> <b>This institute is an equal opportunity provider.</b>	<b>27</b> WG Breaded chicken Patty on WG Bun (CN) 1 Sweet Potato Fries ¼ c Baked Beans ¼ c Mixed Fruit ¼ c 1% White Milk 8oz	<b>28</b> WG Bosco Stick (CN) 1 Marinara ¼ c Tossed Salad ½ c Strawberries ¼ c 1% White Milk 8oz	<b>29</b> Steak Bites (CN) 4 WG Dinner Roll 1 Baked Potato ¼ c Broccoli ¼ c Diced Pears ¼ c 1% White Milk 8oz	<b>30</b> WG Chicken Quesadilla (CN) 1 Shredded lettuce ¼ c Corn ¼ c Banana ¼ c 1% White Milk 8oz	<b>31</b> WG Macaroni & Cheese (CN) 1 6oz Green Beans ¼ c Veggie Cups ¼ c Applesauce ¼ c 1% White Milk 8oz	<b>1</b>
<b>2</b> <b>Menu subject to change without notice.</b>	<b>3</b> WG Mini Corn Dogs (CN) 4 French Fries ¼ c Cole Slaw ¼ c Diced Peaches ¼ c 1% White Milk 8oz	<b>4</b> Cheese Pizza on WG Crust (CN) 1 Tossed Salad ½ c Steamed Carrots ¼ c Apple Slices ¼ c 1% White Milk 8oz	<b>5</b> Panther Patty on WG Bun (CN) 1 Broccoli w/ Cheese ¼ c Dragon Punch 4oz Mixed Fruit ¼ c 1% White Milk 8oz	<b>6</b> Beef Taco on WG Tortilla (CN) 1 Shredded Lettuce ¼ c Refried Beans ¼ c Strawberries ¼ c 1% White Milk 8oz	<b>7</b> WG Chicken Leg (CN) 1 Mashed Potatoes Green Beans Diced Pears ¼ c 1% White Milk 8oz	<b>8</b>
<b>9</b>	<b>10</b> Grilled Chicken Patty On WG Bun (CN) 1 Potato Wedges ¼ c Carrot Sticks ¼ c Applesauce ¼ c 1% White Milk 8oz	<b>11</b> Spaghetti w/WG Pasta 6oz (HM) WG Garlic Toast 1 Tossed Salad ½ c Banana ¼ c 1% White Milk 8oz	<b>12</b> Tenderloin on WG Bun (CN) 1 Baked Beans ¼ c Cole Slaw ¼ c Diced Peaches ¼ c 1% White Milk 8oz	<b>13</b> WG French Toast (CN) 1 Syrup Cup 1 Hash Browns ¼ c Orange Slices ¼ c 1% White Milk 8oz	<b>14</b> Turkey & Cheese On WG Bun (CN) 1 Corn Choice of Milk Sidekick 1% White Milk 8oz	<b>15</b>
<b>16</b>	<b>17</b> WG Fish Sticks (CN) 4 Cheese Potatoes ¼ c Broccoli ¼ c Diced Pears ¼ c 1% White Milk 8oz	<b>18</b> Lasagna w/WG Pasta (CN) 1 Tossed Salad ½ c Juicy Juice 4oz Apple Slices ¼ c 1% White Milk 8oz	<b>19</b> Egg & Cheese Omelet (CN) 1 WG Biscuit 1 Tator Tots ¼ c Orange Slices ¼ c 1% White Milk 8oz	<b>20</b> WG Taco Pizza (CN) 3 Shredded Lettuce ¼ c Refried Beans ¼ c Mixed Fruit ¼ c 1% White Milk 8oz	<b>21</b> WG Breaded Pork Chop (CN) 1 Mashed Potatoes ¼ c Green Beans ¼ c Applesauce ¼ c 1% White Milk 8oz	<b>22</b> <b>Breakfast prices:</b> <b>Paid: \$1.70</b> <b>Reduced: .30</b> <b>Adult: \$2.10</b>
<b>23</b> <b>Lunch prices:</b> <b>Paid: \$2.40</b> <b>Reduced: .40</b> <b>Adult: \$3.50</b>	<b>24</b> WG Chicken Nuggets (CN) 4 Sweet Potato Fries ¼ c Buttered Peas ¼ c Peaches ¼ c 1% White Milk 8oz	<b>25</b> Steak Bites (CN) 4 WG Dinner Roll 1 Baked Potato ¼ c Broccoli ¼ c Strawberries ¼ c 1% White Milk 8oz	<b>26</b> Hamburger on WG Bun (CN) 1 Baked Beans ¼ c Cole Slaw ¼ c Pears ¼ c 1% White Milk 8oz	<b>27</b> Pepperoni Pizza on WG Crust (CN) 1 Tossed Salad ¼ c Dragon Punch 4oz Orange Slices ¼ c 1% White Milk 8oz	<b>28</b> WG Chicken Fries (CN) 5 Potato Wedges ¼ c Carrot Sticks ¼ c Applesauce ¼ c 1% White Milk 8oz	<b>29</b> <b>Breakfast is served daily in the cafeteria starting at 7:50.</b>